

COMPLEX CARE AND INTERVENTION PROGRAM (CCI)

Welcome to the Complex Care and Intervention Program offered by the BC Ministry for Children and Family Development (MCFD) or a Delegated Aboriginal Agency (DAA). CCI is designed for children who have experienced significant trauma or maltreatment, and who exhibit substantial emotional, behavioural and interpersonal difficulties. CCI is an integration of approaches based on current understanding of attachment disruptions (including those caused by parental addictions, mental illness and loss), neglect, family violence, and community and individual traumatic experiences, and how these experiences affect the neurological development, emotions, thinking, and behaviour of the children we work with. It is a systematic approach which engages in a collaborative partnership with professionals and caregivers for children who are receiving services from MCFD or a DAA.

The CCI Program emphasizes neurodevelopmental and trauma-attachment perspectives on the challenges

faced by these children and their family and/or caregivers. As such, we focus on the current developmental level observed in these children across 7 Developmental Domains related to their physical-social-emotional-spiritual-behavioural development, and actively seek ways to enhance their growth in these areas. We use the word trauma here to include patterns of broad, persistent maltreatment or neglect as well as specific events or episodes – in keeping with the theoretical underpinnings of the proposed Developmental Trauma Disorder.

CCI is tracking youth outcomes and accumulating substantial practice-based evidence. CCI is considered a promising practice in child welfare by MCFD.

The Complex Care and Intervention Program is a 12-18 month program which provides: (1) Education and support to care teams; (2) A Functional Developmental Assessment (FDA) to determine the child's current developmental level across 7 specific domains; and (3) Specific intervention strategies to meet the identified needs as addressed by the 7 domains. Support is providing weekly/bi-weekly to the family or caregiver and the care teams meet on a monthly basis to monitor progress. The FDA assessment is done every six months by the Care Team.

The specific developmental domains that are addressed are:

- Neurological and Biological Maturity
- Over-reactive Stress Response
- Emotional Regulation
- Attachment and Relationships
- Identity Development (including Cultural Identity)
- Behavioural Regulation
- Cognitive and Language Development

Referrals to the Complex Care and Intervention Program are submitted by individual social workers or mental health clinicians to Team Leaders within MCFD, and through a similar mechanism within the DAAs. The referrals are evaluated and prioritized by a local leadership team consisting of the Team Leaders and CCI coaches.